

SHARK TALES

Message from the Principal, Mrs. Axson

Just a reminder that there is no school on Monday! Classes will resume on Tuesday, Sept. 8th.



WALL OF FAME

Wall of Fame word of the week:
EMPATHY

Carter - Alaina Torres
 Esmi - Paxtyn Riherd
 Neal- Riley Daniel
 Montanez - Evan Thornton
 Amerling - Paxton Fry
 Dillingham - Ashan Samad
 Dube - Alana Devaney
 Kucharek - Amelia Taylor
 Moon -Payton Smith
 Rae- Zhuri Gooden
 Edworthy - Adabelle Robinson
 Pogue - Alaxandre Malave



On Thursday, September 10th, we will have our annual Title I Meeting at 5:30 p.m. in the Cafeteria.



OPEN HOUSE will be next Thursday, September 10th from 6:00-7:00 p.m. Please stop by and visit your child(ren)'s classroom to see all the wonderful things happening in their room.

Important Dates:

September 7th - No School -
Labor Day

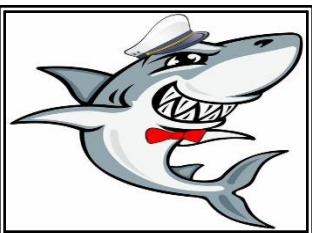
September 7th-11th- SCHOLASTIC
BOOK FAIR HERE!

September 10th - Title I @ 5:30
OPEN HOUSE from
6:00-7:00

September 18th- Progress Reports Go
Home

September 21st- Krispy Kreme
Fundraiser Begins

September 23rd- Early Release Day!
(11:30)



NEWSLETTER!

Florida Statute 381.992 requires Marion County Public Schools to provide families of elementary and middle school students with information regarding the early detection of Type 1 diabetes. This law helps families recognize risk factors, warning signs, and available screening options.

Please see the flyer at the end of this newsletter, or visit [Screening Type 1 Diabetes](#) to learn important information about what Type 1 diabetes is, common risk factors and warning signs, available screening methods for early detection, and recommendations for follow-up evaluation when appropriate.

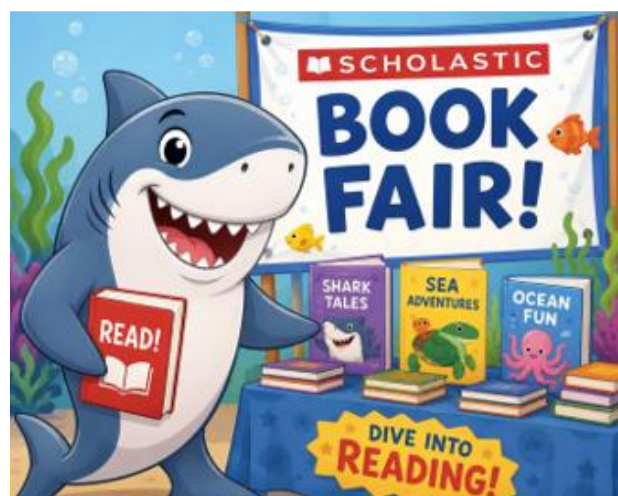
Contact your healthcare provider if you have questions or concerns about your child's health.



Our students in 3rd and 5th grade had the opportunity to plant tomatoes, peppers, cilantro, sunflowers, and marigolds. Our 4th graders were unable to plant due to the rain. However, they will be planting some items in the garden with Mrs. Axson next week.

Our students in Kdg.-2nd grade will decorate their own plastic pot and plant lima bean seeds with Mrs. Axson! Then we will place these in the garden area until they begin to grow, and then they will be able to take them home to take care of!

Also, please stop by the FANS table at Open House to learn more about this wonderful program and to pick up some fresh fruit and goodies!



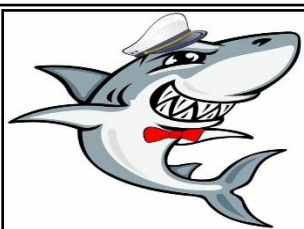
The Book Fair is here! The Book Fair encourages students to read AND raises much-needed funds for our school. The easiest way for kids to pay is with an eWallet. Create one for your child so they can shop cash-free and independently! Visit our school homepage to get started:

<https://scholastic.com/bf/marioncharterschool>

Students can shop during the day and after school, and the book fair will be open during Open House!



Have your child draw or write what their favorite book is and have them turn it in to Mrs. Axson first thing Tuesday morning to get a surprise!



NEWSLETTER!

HEALTH AND WELLNESS:

Please remember to keep your child at home if they are not feeling well. If your child has a fever, diarrhea, or are throwing up, they **MUST** be symptom free for 24 hours **WITHOUT** the aide of medicine before they can return to school.

If you have any questions, please call Ms. Yedy in the front office at 687-2100.

RESILIENCY SKILL OF THE MONTH:

RESILIENCY

Resiliency is the ability to 'bounce back' after challenges and tough times. It's also the ability to adapt to challenges and tough times that you can't change and keep on thriving. In fact, when you're resilient, you can often learn from these situations.

Check out this short video about how you can be resilient.

<https://www.youtube.com/watch?v=sKpBJjsZ7EE>

A great story to read to your child about resiliency, is "Resilience". Click on the link to hear the story.

<https://www.youtube.com/watch?v=23NTbIoif3I>

Resiliency Skills

The State of Florida has implemented resiliency skills and standards throughout all grade levels. These skills are intentionally designed to impart the value of resiliency in early grades, such as volunteerism, responsibility, and goal setting, and then support students as they demonstrate those concepts in higher grades. The standards embed concepts of civic responsibility through citizenship and mentorship to not only help students understand the value of these ideas, but to actively engage in activities and exercises that will prepare them to be upstanding, responsible citizens.



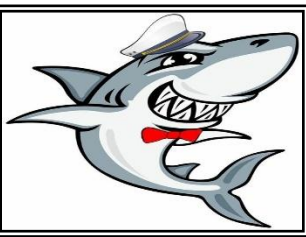
ATTENDANCE MATTERS! BE HERE! ON TIME! EVERY DAY! ALL DAY!

Our school mascot, Captain Clark the Shark will be visiting classrooms with the best attendance in the school each week! Ms. Wells will also be giving out \$5 Shark Bucks every day to a student in each grade level if they were here on time.

This Week's Winner: Mrs. Moon's Class



Text-A-Tip Hotline
352-877-2838



NEWSLETTER!



Upcoming Field Trips:

Friday, Nov. 6th- Kdg., 1st, and 2nd grade goes to Ocali Days

Tuesday, Nov. 10th- 4th and 5th Grade to Sante Fe Zoo and Planetarium

Chaperones are needed for the above field trips, but spaces are limited! Please make sure to complete the Volunteer Background Screener.



Please make sure that you have completed the Volunteer Background screening process through Raptor so that you can chaperone on field trips and volunteer for field day. This **MUST** be completed every year!

<https://apps.raptortech.com/Apply/MTE2NTplbi1VUw==>

Student Handbook

Please take time to read our Student Handbook located under the PARENTS section on our school website at:

www.marioncharter.org

INFORMATIO N HIGHWAY –

PARENTS WE WANT TO KEEP YOU INFORMED. SCHOOL INFORMATION CAN BE FOUND ON:



Just a reminder that **NO ELECTRONIC DEVICES** are allowed in the classrooms per our school policy. Children must turn in their phones and/or Smart watches in the office for safe keeping and at the end of the day, they may come pick them up at carline time.



MCS Lunch Menu-September 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Milk Choices: White 1% Milk Chocolate FF Milk		1 Beef Walking Tacos Cheddar Dip Fiesta Beans Corn Fresh Fruit	2 Quesadillas Sweet Peppers Mixed Vegetables Fresh Fruit	3 Mandarin Orange Chicken with Dumplings, Rice Roasted Broccoli Cucumber & Tomato Salad	4 Chicken Tenders Roll Green Beans Crunchy Carrots Fresh Fruit
Menu options are subject to change without notice	7 NO SCHOOL! Labor Day!	8 Pork Taco Nachos Corn Fiesta Beans Fruit	9 Cheeseburger Roasted Broccoli Roasted Carrots Fresh Fruit	10 Savory Beef Dunkers Biscuit Sweet Peas Mashed Potatoes Fresh Fruit	11 Junk Yard Hot Dog Potato Smiles Crunchy Carrots Fresh Fruit
	14 Cheesy Mac. & Chicken Bowl Breadstick Roasted Carrots Fresh Fruit	15 Pizza Stromboli Mixed Vegetables Fiesta Beans Fruit	16 Lasagna Roll-Ups Bosco Cheese Stick Roasted Vegetables Green Beans Fresh Fruit	17 Chicken & Rice Roll Black Beans Roasted Broccoli Fresh Fruit	18 Chicken Sandwich Crunchy Carrots Corn Fresh Fruit
	21 BBQ Chicken Drumstick Macaroni Bites Mashed Potatoes Peas, Biscuit Fresh Fruit	22 Beef Walking Tacos Cheddar Dip Fiesta Beans Corn Fresh Fruit	23 Loaded Memphis Fries Roll Sweet Peppers Mixed Vegetables Fresh Fruit EARLY RELEASE!	24 Mandarin Orange Chicken with Dumplings, Rice Roasted Broccoli Fresh Fruit	25 Chicken Tenders Roll Green Beans Crunchy Carrots Fresh Fruit
	28 Chicken Alfredo Cheese stick Green Beans Mixed Vegetables Fresh Fruit	29 Pork Taco Nachos Corn Fiesta Beans Fruit	30 Cheeseburger Roasted Broccoli Roasted Carrots Fresh Fruit	1 Savory Beef Dunkers Biscuit, Sweet Peas Mashed Potatoes Fresh Fruit	2 Junk Yard Hot Dog Potato Smiles Crunchy Carrots Fresh Fruit

WHAT PARENTS NEED TO KNOW Screening for Type 1 Diabetes

Type 1 diabetes is a lifelong autoimmune condition causing the destruction of the cells in the pancreas that make insulin. This means the body can't control blood sugar (glucose) on its own. Without management of high blood glucose levels, over time it **can lead to serious and life-threatening health complications.**

Studies indicate that screening for autoantibodies through **a simple low to no-cost blood test can effectively identify those who will develop type 1 diabetes**, potentially before the need for insulin. It can also identify the stage of the condition.

Type 1 diabetes often starts in kids ages

4-6
years old

10-14
years old

but it can happen at any age.

BENEFITS OF SCREENING YOUR CHILD EARLY

While type 1 diabetes cannot be prevented, early detection can help families to:

- Reduce the risk of life-threatening complications and hospitalization
- Plan and manage a potential diagnosis and treatment strategy

COMMON SYMPTOMS OF DIABETES

- ☐ Irritability/behavioral changes
- ☐ Increased thirst or hunger
- ☐ Increased urination/bedwetting
- ☐ Unexplained weight loss
- ☐ Fruity-smelling breath
- ☐ Blurred vision
- ☐ Fatigue

TYPE OF DIABETES

Type 2 diabetes is a metabolic disease influenced by a range of genetic and lifestyle factors that can usually be prevented. Unlike type 2, **type 1 diabetes** is an autoimmune disease that cannot be prevented by lifestyle or dietary changes. While researchers don't know exactly what causes type 1 diabetes, those that seem to be more at risk have a close family relative with the disease or other autoimmune conditions.

SCREENING RESOURCES FOR TYPE 1 DIABETES

The screening can identify proteins in the blood (ICA, GAD, IAA, IA-2, ZnT8) that may signal the body's immune system is attacking cells in the pancreas that produce insulin. **Talk to your child's health care provider about screening options.** Other free screening resources include:

TrialNet: [TrialNet.org](https://www.trialnet.org)

Offers screenings at locations and free home test kits for relatives of people with type 1 diabetes.

Autoimmunity Screening for Kids: [AskHealth.org](https://askhealth.org)

Provides free at-home screening test kits to children starting at age 1, and adults.

EARLY STAGES OF TYPE 1 DIABETES

STAGE 1

- Immune system mistakenly starts to attack insulin-producing beta cells
- 2 or more autoantibodies detected in blood
- Blood sugar levels are within a normal range
- No visible symptoms

STAGE 2

- Immune system continues to attack beta cells
- 2 or more autoantibodies detected in blood
- Blood sugar levels are higher or lower than a normal range
- No visible symptoms

STAGE 3

- Too many beta cells are damaged, body can't make enough insulin
- 2 or more autoantibodies detected
- Blood sugar levels higher than normal range, symptoms are obvious, serious health complications may occur, insulin dependence begins

UNDERSTANDING THE SCREENING RESULTS

○ **NEGATIVE** (0-1 autoantibodies)

If your child is under the age of 15, you may consider having them rescreened every year.

○ **POSITIVE** (2 or more autoantibodies)

Talk to your child's health care provider about confirmatory testing, establishing a monitoring plan, and options for management.

Learn more about diabetes and resources for assistance at
FloridaHealth.gov/Diabetes



BACK-TO-SCHOOL NUTRITION & FITNESS TIPS



A new school year is the perfect time to reset routines and build healthy habits for kids and parents.

- **Plan balanced meals with protein, whole grains, and fruits or veggies**
- **Keep healthy snacks on hand for busy days**
- **Aim for at least 60 minutes of movement each day**
- **Prioritize sleep and hydration**

Small, consistent steps make a big impact on energy, focus, and overall well-being.

How can I help my child **SUCCEED** in school?



Stay involved and feel free to contact your child's teacher with any questions or concerns.

Ask your children about school and encourage them to talk about their day.

Do not talk negatively about your child's teacher or school.

Read with your child **every** night.

Make sure your child is getting plenty of sleep and is ready for school each day.

Help your child with his/her homework **every** night.

Teach your children to be responsible for their actions and their schoolwork.